



# CRANE CONNECTION

RECLAIMING OUR LIVES, SUSTAINING OUR HOPE

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210 Industrial Road Ste. 102 San Carlos 650 539 3345 [info@californiaclubhouse.org](mailto:info@californiaclubhouse.org)

## Clubhouse Anniversary

By Shane, Yvette, Masako, Jason, Len, and Joanne

On May 25, 2022, the California Clubhouse celebrated its 7th year anniversary at Central Park in San Mateo. About one hundred people attended. That included David Canepa from the San Mateo Board of Supervisors, Scott Gilman, our partners from various San Mateo County agencies, members old and new, as well as welcomed guests. We celebrated with lunches catered by Bianchini's Market of San Carlos. Each lunch box contained a sandwich or salad, a cup of fruit, a cookie, and a choice of drink.



We also featured a snack table piled high with fruits, madeleines, brownie bites, cupcakes, and a variety of chips. There was also plenty of water in huge tubs of ice, because the temperature reached upwards of 90 degrees Fahrenheit! In addition, we offered all types of sunscreen for the safety of our party-goers.

The festivities of the day began at noon and featured empowerment speeches from Dave B., Nelly, Jason H. and Peter H.. Erica, our executive director, emceed the event. Several members – Agnes, Yvette, and Peter H. – presented Juliana, the founder of the Clubhouse, with beautiful flowers and plants because she was stepping down from her position as board president. Theresa and Joanne hosted an activity station with a bracelet-making table and games like cornhole and Jenga. We also hosted a raffle, where Erica and Jason H. announced the lucky winners of some gift cards. Every guest received a thank-you bag filled with California Clubhouse swag. It consisted of: a purple foam Happy Man who holds cell phones, a green heart-shaped stress ball, a California Clubhouse pen, a notebook, our wonderful Clubhouse brochures, and a canvas California Clubhouse tote bag! Members and staff also hosted an information table with brochures and a display board featuring our mission, vision, program, and photographs. We actually gained several new and prospective members at the event! At around 3:30 in the afternoon, the festivities wound down and the colleagues made sure everyone left the park safely. After months of planning, everyone seemed to enjoy the day. The Clubhouse is grateful to all the people who worked so hard to plan this event together. We hope you, the Clubhouse community, will enjoy the rest of this year and look forward to our next anniversary!



# Photo Collage!



PARTY







# FRIENDS



# Clubhouse Updates

## Unit Structure Transformation

Quarter 4 has been quite an eventful time at the Clubhouse! We've divided into units: The Hospitality Unit and The Business Unit. The Hospitality Unit has been busy shopping, preparing meals and reorganizing the kitchen space. The Business Unit has been handling reception, member intake, maintenance, fundraising, and the newsletter. A big part of restructuring was actually reorganizing the physical layout of the Clubhouse. We separated all of the tables and split the units up in opposite ends of the space, with the business unit on the left and the hospitality unit on the right. There is much more room in the Clubhouse.

The separation of the units in the Clubhouse has made everything run more efficiently. We have members that have separated into the two units as well as some who are in both. We also have been hosting Zoom during the Work Order Day to engage those who cannot make it into the Clubhouse. Members have the opportunity to learn clerical tasks, administration, and communications in the business unit as well as meal planning, shopping, and cooking/baking in the hospitality unit.

### Business Unit

The Business Unit has been hard at work reorganizing our space and developing new efficient ways to get through our workflow. Some of the recent additions to the business unit have been new white boards, cork boards, stand up desks, and computers allowing the unit to run more efficiently. We are using a huge whiteboard as our unit task board. We also developed a new board just to list upcoming prospective member tours and orientations. We will be using a large corkboard for our community announcements, and we have stand up desks to assist us with virtual programming and moving around the unit.



### Hospitality Unit

The Hospitality Unit is delighted that they can cook meals in the building again. "I think it has boosted the morale and helped invite people to the building," said Masako. The meal program enhances the camaraderie and closeness of Clubhouse, because the Hospitality Unit works as a team to produce meals that the whole community can enjoy together. This unit does everything: they plan the meals, grocery shop for the week, prepare the food, plate the meal, and serve. Then, after lunch, they clean the kitchen and wash the dishes. Also, they open, operate, and close Brian's Cafe, for those who want extra treats. Next in the works is bringing back Baker's Club!





# Career Development Updates

In April, the Career Development Dinner featured a guest speaker from NAMI, which is short for the National Alliance of Mental Illness. She discussed the Peer Pal program with the folks who attended the dinner. Below, two members wrote about their experiences from that evening.

*For the April Career Development dinner, Audrey from NAMI talked to us about the Peer Pal program, who would make a good Peer Pal, and the benefits of being a Peer Pal. Being a Peer Pal, you help repair relationships, acknowledge the Peer's point of view, and learn to apologize when appropriate. Audrey spoke about how to get involved both as a peer and as a mentor. There are opportunities for both. The time commitment is usually only an hour or two per week, so it is easy to manage either as a peer or as a mentor. They try to match people in the program quickly, so there isn't a long wait time. You can find out how to apply to be a peer or a mentor by going to the NAMI San Mateo County website. It sounds like a fantastic opportunity either as a peer or a mentor to get involved and have someone to build a relationship with.*

- Amaal GG

*We had a wonderful time at April's Career Development Dinner. Audrey from NAMI presented about Peer Pals. I have been working at NAMI as a Peer Pal for six weeks now, and now have one client. I have been having fun getting to know her. We have many things in common, so we have a lot to talk about. I contact her via Facetime, text, and in-person get togethers. So far, we have met at Barnes and Noble at the Hillsdale Mall and we also met at a barbecue at Central Park in San Mateo. I hope to get another client very soon, but we will have to wait and see. It's a rewarding job, and I love being able to help my client. Hopefully, this job will last and continue to be rewarding.*

- Grace K.

In May, we decided not to hold a Career Development Dinner because the Clubhouse Anniversary and Memorial Day happened in the second half of the month. Then, in June, we held the last online Career Development Dinner, where we planned the whole year in advance and took sign-ups for members to co-host the dinners. Finally, we are glad to announce that Career Development Dinner is returning to its original in-person format in July!

*Career  
Development  
Dinner*

JULY 25  
RSVP BY JULY 21



Please note: Members currently in school, working and/or actively looking for employment will receive a meal provided by the Clubhouse.



*Job Club*

EVERY WED. @ 1:30PM  
VIA ZOOM: 436 740 900



# Young Adult Program Updates

## Graduation

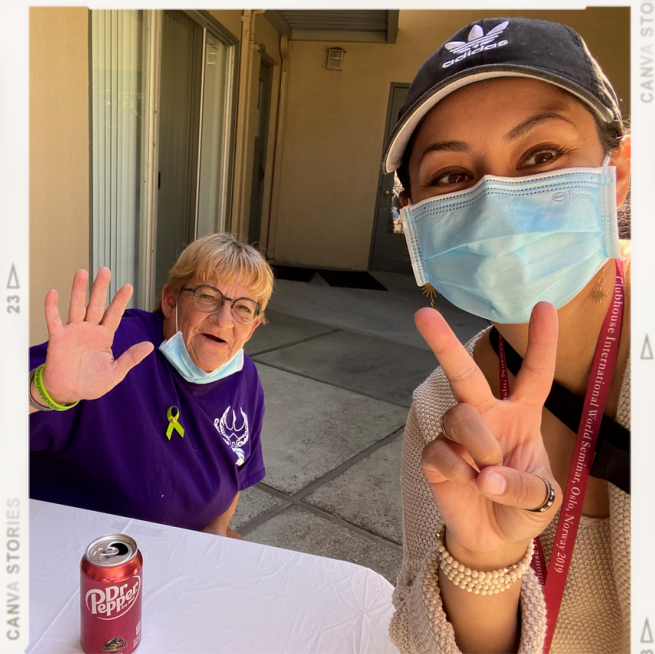
By Len, Aaron, Masako, Peter, Jim, Priscilla, and Joanne

The Young Adults are proud to host the first in-person graduation celebration since the beginning of the pandemic. Even with the challenges of learning on Zoom, our community is honoring 17 graduates from all types of study. "With this year being as difficult as it has been, it's really been quite an achievement," said Peter H. The celebration will take place at the Clubhouse patio on Friday, July 8, 2022, between the hours of 5 PM and 7 PM. After a speech by the Executive Director, Erica, each graduate will have two minutes to speak. Then, we will have refreshments! The team is hard at work preparing gifts for the graduates and treats for all who will come to celebrate. Hurray for the graduates! Congratulations to you all!

## Socials Updates

By Len, Masako, Joanne

In May and June, we returned to in-person socials! First, some colleagues saw a musical theatre revue in San Francisco on May 15. Then, on May 19, the Young Adults hosted a social at Laureola Park featuring games like cornhole, Jenga, and basketball. Next, on Memorial Day, the Clubhouse hosted a barbecue on the patio with hamburgers, veggie burgers, cookies, and fruit salad. Over twenty people attended throughout the event.



In June, we joined San Mateo Pride in Central Park. There were drag performances, raffles (sadly, none of us won), and all kinds of food. Clubhouse hosted an information table while they enjoyed the day. Next, the Clubhouse saw Top Gun: Maverick at a theater in downtown San Mateo. Fourteen people attended, but the show was so popular that they had to sit in the very front row! "It was still good," said Masako. Then, because the Golden State Warriors made it to the NBA Finals, members requested an impromptu social for Game 6 at Mountain Mike's in San Carlos. Fortunately, the Warriors won! Last, Clubhouse colleagues attended Juneteenth in the Streets, a festival in Downtown San Jose. Keep an eye out for the July calendar where we will have more opportunities to meet in person.

## GRADUATE LIST 2022

**University**  
Jan W. – UC Davis, Master

**Community College**  
J.S. – CSM, Associate

**Peer Provider Class,**  
February-May 2022

Joanne  
Dave B.  
Yvette A.  
Ken  
Jason B.

## Lived Experience Academy

### FALL 2021 SESSION

Marcella O.  
Sam A.  
Yvette A.  
Jason B.  
Hansel T.

### SPRING 2022 SESSION

Leslie R.  
Riley M.  
Theresa R.  
Grace K.  
Christina I.  
Ernie Y.  
John M.

## July Socials

Monday, 7/4

Independence Day Social  
TBD

Friday 7/8

Graduation

RSVP req.

5PM-7PM

Thursday, 7/14

Movie at the Square.

5:30pm-8pm

Saturday , 7/23

Movement Social

11am-1pm

RSVP req.

(In-Person)

Monday, 7/25

Employment Dinner

RSVP req

5pm-7pm

In Person

Zoom ID: 808 111 324

Passcode: 210



## Member Art



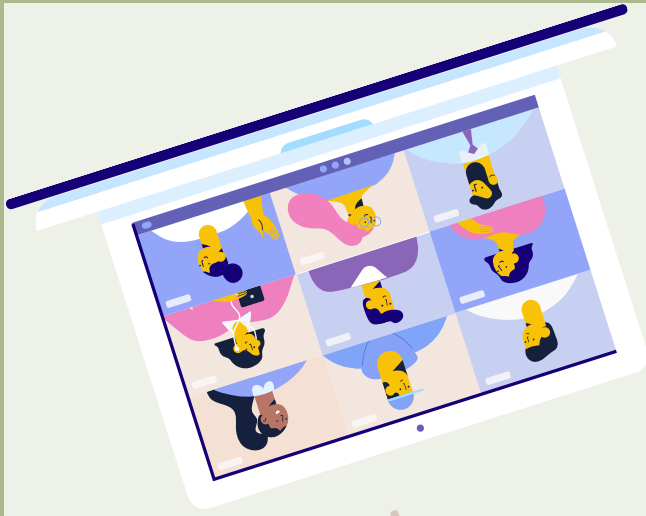
This beautiful watercolor was painted by our very own member **Theresa R.**

## SUBMIT YOUR ART!

We'd love to showcase your art in our newsletter. All art welcome! Poems, drawings, as short stories, pictures, etc.

Submit to:

[info@californiaclubhouse.org](mailto:info@californiaclubhouse.org)



# Hybrid Program

Our virtual program is up  
and running!

Join us for the Work Ordered Day.

**IN-PERSON HOURS**  
MONDAY - FRIDAY  
8:30 AM - 5 PM  
**VIRTUAL HOURS**  
MONDAY - FRIDAY  
9:00 AM - 12 NOON  
1:00 PM - 4:00 PM



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