



# CRANE CONNECTION

RECLAIMING OUR LIVES, SUSTAINING OUR HOPE

210 Industrial Road Ste. 102 San Carlos 650 539 3345 info@californiaclubhouse.org

## Operation Delivering Cheer

by Laura L.

On Christmas Eve this year, club members and staff came together to assemble and deliver Christmas meals. Operation Delivering Cheer was a great success! The dinner involved a lot of members and staff who helped out and a lot of drivers that delivered the food to members. There was a big turn out. People were socializing and snacks like hot chocolate, cookies, and coffee were served at the clubhouse. The volunteers planned everything out in the morning and Erica helped plan and buy the supplies. The meals consisted of turkey or ham, pumpkin pie, mashed potatoes, vegetables, and corn bread. The pie came from Costco and everything else was bought from Boston Market. Once the bags were assembled with the meals and pies, they were either picked up by members at the clubhouse or were delivered to their houses. We also prepared holiday stockings! Here are some pictures of us creating them to be mailed out, sent out, or picked up.

Delivered 93 packages

16 Members picked up packages

17 Delivery Drivers



## MEMBER SPOTLIGHT

If you'd like to be featured  
in a member spotlight e-mail  
info@californiaclubhouse.org

# Career Development Updates

This month, we are excited to highlight that a couple of members found themselves employment. Agnes (A) found a job at a tax prep company. Dave (D) will be working with NAMI. We were able to sit down with them over Zoom to discuss their upcoming employment.

What is your new job/role for your new employment?

A: I'm going to be a receptionist. I will be taking calls, making appointments, making reach out calls, taking payments, and letting the tax supervisors know who is there to see them.

D: I'm going to be working for NAMI as a peer pal. I'll be spending a few hours a week on the phone and in-person providing peer support by going on walks, going to the library, out to lunch; Whatever will give them support.

What do you expect from your new Job?

A: I've done this job before, so I don't expect it to be too difficult. There will be stress. I'll have to multi-task at times. It will probably be slow in Jan but pick up in March and April. I expect it to be a friendly work environment. My friend Kathy, who works there, has been there for a long time, and she says everyone is very friendly! I expect the workload to be full-time.

D: I've done this job before about two and a half years ago with another person. I expect to help this person figure out what they want to do and help them achieve their goals. They have to do it by themselves, but I get to help them realize what they want to do.

What skills will you be utilizing in this position?

A: I'll be doing reach out calls, answering the phone, accounting tasks, making appointments, basically I'll be utilizing a lot of the skills I learned from the clubhouse.

D: I don't know, it is hard to explain peer counseling without having you take the classes. I only have so many words and they may not be sufficient.

What are you excited about? Nervous about?

A: I'm excited to be working again and to have a set schedule. I'm excited to work with my friend. I'm nervous that it is going to get too stressful. I'm most nervous about being on the phone while simultaneously three other people call in.

D: Getting to know a new person- I hope I can say the right things to allow the other person to be relaxed.

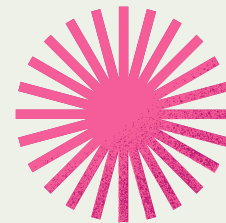


## Job Club

**EVERY WED. @ 1:30PM**  
**VIA ZOOM: 436 740 900**



# Young Adult Program Updates



## Game Night Social

By Peter, David S, Len, and Joanne

On Thursday, December 23, 2021, the Young Adults hosted a Game Night Social on Zoom. It was during Evening Chat from 5-7 PM. Thirteen people attended. It was very intimate, even though it was on Zoom. There were lots of laughs within those two hours. "It was fun," said Peter H. "I played for about forty-five minutes, then watched a football game. It was different! I like things that are new and different."

We played several games that night, such as Skribbl and Scattergories. The highlight of the night was the Dave Game, which was introduced to us by our member Dave B. It was a game that he used to play with his high school friends using a piece of paper. However, because this was a virtual social, we played by putting our answers in the chat!

David S. thought the social was "great! It was very entertaining and I really enjoyed it. It gave me a good opportunity to interact with everybody and play games with the Clubhouse community."

If you are looking for something fun to do on these long, cold winter evenings, try these games out with your friends and loved ones! They are perfect for small and large groups on Zoom.

**Scattergories:** Players are randomly given a letter and five categories. Every answer in each category must start with the given letter of that round. If you have a unique answer, you get two points. If you get the same answer as someone else, you get one point. Find it at <https://swellgarfo.com/scattergories/>.

**The Dave Game:** Two players are chosen at random. One person must put a question (starting with who, what, where, when, or why) in the chat. The other person must put an answer to that question in the chat. However, each player does not know what the other will say, because they write their parts in advance and put it in the chat at the same time.

**Skribbl:** Online version of Pictionary. One person draws a picture and everyone else guesses. The website will let you choose a word to illustrate. This game was introduced by the USF nursing students during Wellness Wind Down. Find it at <https://skribbl.io/>.

**Video Phone:** One person gets a word and says it on camera, but they will be muted. The other players will have to read the person's lips and figure out what they are saying.



*Employment  
Dinner &  
Student Soiree*

JANUARY 31ST  
RSVP BY JANUARY  
28TH



Please note: *Members currently in school, working and/or actively looking for employment will receive a Grubhub gift card that they can use the night of the dinner when they RSVP.*



# Socials Updates

This Christmas California Clubhouse hosted a Christmas Day social via zoom. In preparation for the social, the clubhouse assembled meal bags and holiday stockings filled with goodies like soup, a facemask, moisturizer, and some candy. We took some breaks between stuffing stockings to play games like cribbage on the patio. During the actual social, we played games, watched a movie and popped our confetti poppers from our stockings. Monica and Ken led the festivities. We also spent a lot of time checking in with each other and got to see a lot of members who usually aren't on Zoom. Nelly was able to share the magic of a white Christmas with us from her home in Idaho. We ate good food from Boston Market which included the holiday staples turkey or ham and Martinelli's. Some other Christmas videos were played to keep us in the spirit like Loony Toons Christmas and Mariah Carey's "All I Want For Christmas Is You." Amaal dressed as Santa Claus to everyone's amusement. Overall, the social provided a sense of community and comfort to remind us that we are not alone during the holiday season.



# Wellness Works Updates

Due to the Covid-19 surge, Clubhouse programming will be held virtually through the month of January. The San Mateo Expo Center is now providing Covid-19 testing and vaccinations. Go to [www.sanmateoexpocenter covid19.com](http://www.sanmateoexpocenter covid19.com) for an update. The Clubhouse is choosing to stay together and engage in virtual wellness programs including exercise and meditation throughout the work-ordered day, as well as extra support to members. We are still together, so let's enjoy our days with each other. Please join us on Zoom for our virtual programming. Looking forward to seeing you soon! If you have questions about joining virtually, please contact us at [info@californiaclubhouse.org](mailto:info@californiaclubhouse.org).





# January Socials



# Member Art

**Saturday, January 1st**  
**New Year's Day Social**  
**11:30pm - 1:30pm**  
(In-Person)

**Thursday, Jan 13th**  
**Escape Room**  
**5pm-7pm**  
(Virtual)

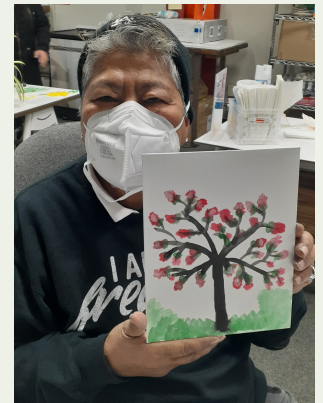
**Monday, Jan 17th**  
**Martin Luther King Jr. day**  
**1pm-3pm**  
(Virtual)

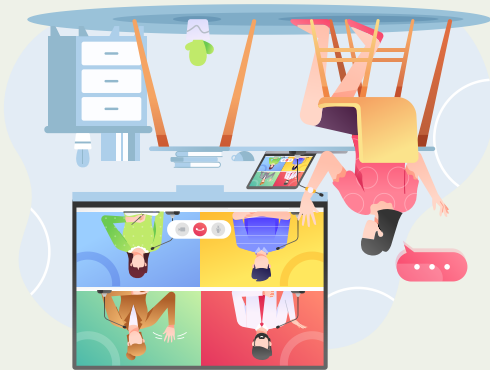
**Thursday, Jan 27th**  
**Virtual Camp Fire Social**  
**5pm-7pm**  
(Virtual)  
**RSVP by 1/20**

**Monday, January 31st**  
**Employment Dinner/  
Student Soiree**  
**4pm-6pm**  
(Virtual)  
**RSVP by 1/28**

**Virtual Socials can be  
found here**  
**Zoom ID: 808 111 324**  
**Passcode: 210**

On December 9 at the California Clubhouse, we hosted a hybrid art social. It went really well. The members enjoyed painting sunflowers on canvas in the facility. They all looked spectacular. Everyone had two canvases to paint their flowers, their favorite scenery, or holiday ornaments. The Clubhouse supplied all the painting materials needed for the art social. Here are some of the paintings that our members created:





**VIRTUAL HOURS**  
MONDAY - FRIDAY 8:30 AM - 5PM

OUR PROGRAMMING WILL ONLY BE HELD  
VIRTUALLY THROUGH THE MONTH OF JANUARY

Our virtual program is up  
and running!  
Join us for the Work Ordered Day.



# VIRTUAL PROGRAM



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