

# California Clubhouse

A community of recovery, hope, and dignity  
for people who live with mental illness.

## **Opportunity to Join a Non-Profit with a Timely & Crucial Societal Focus as BOARD TREASURER**

California Clubhouse is a thriving mental health recovery program in San Mateo County, open since 2015 and attracting attention for its ability to change lives and build community. Operating virtually during these times!

**We are currently developing our board to the next level and looking for a new BOARD TREASURER. Estimated 10 hours a month to provide financial review and oversight plus attend a monthly board meeting and chair the finance committee meeting.**

### **California Clubhouse: Proven Model**

San Mateo County has a wide range of excellent mental health support services, but until five years ago, it had no program like Clubhouse. The California Clubhouse is filling a critical gap. It is a resource for people over 18 struggling with mental illness and for the people who love them. *Membership is free, voluntary, and for life.*

Based on a belief that everyone can sufficiently recover and lead better lives, California Clubhouse is a community-centered organization where people with mental illness can go every day during business hours to work on overcoming the obstacles they face. It offers support, training, education, healthy social interaction and positive reinforcement through collegial relationships and work.

Participants - called members - share ownership and responsibility for the success of the organization. They work and socialize in a unique partnership with a small staff, building on their strengths.

California Clubhouse provides a variety of vocational rehabilitation opportunities for members. Helping to run the clubhouse, members learn and polish new and existing job skills. They then have a chance to participate in the Clubhouse "Transitional Employment" program. There is no other program like it! We can tell you how it works!

### **Widely Replicated and Endorsed**

The first Clubhouse was started over 70 years ago in New York by four psychiatric patients who committed to helping each other recover. Their vision evolved into Fountain House, a beacon of mental health recovery and now a thriving \$17mm institution. Positive outcomes attracted others who came to learn about the model. Demand to replicate the Clubhouse model led to the establishment of Clubhouse International in 1994, an organization created to codify the Standards and to help start-up clubhouses get up, running, and certified. There are now over 330 Clubhouses in 33 countries, serving 100,000 people a year.

Clubhouse International/Fountain House of New York was selected to receive the 2014 Conrad N. Hilton Humanitarian Prize of \$1.5 million. The award, the world's largest humanitarian prize, is presented to an organization that is doing extraordinary work to alleviate human suffering. Clubhouse is also a U.S. Substance Abuse Mental Health Services Administration (SAMSHA)-approved, evidence-based model of recovery, and the only mental health model that has gained special Advisory Status to the World Health Organization

**We're looking for people to help us build! If that's you or someone you know, contact Board President:**

**Juliana Fuerbringer at [julianafuer@gmail.com](mailto:julianafuer@gmail.com), 650-342-5849. Or our Executive Director, Erica Horn at [ericahorn@californiaclubhouse.org](mailto:ericahorn@californiaclubhouse.org), 650-539-3345**

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