



2205 Palm Avenue, San Mateo, CA 94403

(650) 539-3345 www.californiaclubhouse.org

Welcome!

Welcome to California Clubhouse, a safe place for members to work toward goals in employment, education, housing, advocacy, and building a fulfilling life.

For members who are not sure what their goals may be, the clubhouse is a great place to find support and understanding; as well as very meaningful engagement in voluntary clubhouse work, social and personal development.

California Clubhouse's Work-Ordered Day takes place Monday through Friday and is currently comprised of the following work areas: reception, administration, employment and education, wellness and fitness focus, outreach and resources, marketing and media, accounting and food service. As with all activities at California Clubhouse, participation is voluntary. Members are encouraged to participate in any of the clubhouse's work. Clubhouse meetings are held twice a day, morning and afternoon, to plan and organize the work of the clubhouse, foster relationships as well as provide information and news of the clubhouse.

Social programs are scheduled up to four times a month, including one evening a week, one weekend day a month, and holidays. The social program may include attending local museums, festivals, events and entertainment, arts and crafts, games, science, cooking, hiking, music, sports, dance, stress-reduction, fitness, and bowling. Suggestions are welcome at our planning meetings. They provide an opportunity to meet and befriend other members and staff of California Clubhouse, while providing a low or no cost way to explore the community.

Visiting California Clubhouse is a learning experience for all, situated in an environment for personal growth and well-being. By being an active member, one can develop new and good friends, as well as acquire rewarding skills, paid work in the community, and an opportunity to start or continue educational pursuits – all toward finding a healthy sense of balance and belonging.

We welcome you!